

## “Pocket” Book of Skills

with Activities & Games by Susan Shea



### Introduction

Welcome to the Pocket Book! In today's educational environment of inclusion, there are many students who require practice with basic life skills to be functional in the educational environment. One such life skill is the ability to complete clothing fasteners (buttons, zippers, etc.) independently. Students with difficulty in this area may not have ample opportunities for practicing of fastening skills in their regular school day to make progress.

The Pocket Book is a three ring binder that has inserts of pages with various fasteners. Each page has a pocket with a fastener on it that the student manipulates in order to obtain the contents of the pocket. The grommet reinforced binder pages allow them to be easily removed from the notebook for individual use or quick clean up.

Great for classrooms, clinic and home use, the Pocket Book is the perfect way to reinforce dressing manipulative skills.

### Product Use

Use the Pocket Book like a standard dressing board. Give the student a Pocket Book and have them complete each dressing manipulative on each page.

Have a student review and organize his/her day by placing one schedule icon (picture or word) in each pocket (e.g.: morning meeting, math, reading, snack, etc...). The student then would open pockets in order throughout the day as a reminder of the next scheduled activity.

Place an icon of a class job in each pocket. Have students in the classroom open a pocket to find out their job. This is a good way to work on ordinal numbers as well (e.g. "Jimmy, please open the 3rd pocket in the Pocket Book to find your job").

Use it as a reward system. Students might earn rewards in class and access the Pocket Book to retrieve them. It can be as simple as putting in an icon for 10 minutes of free reading time or lunch with the teacher. Pockets are big enough to put in 3 dimensional type rewards as well.

Use the Pocket Book as a tool to practice spelling. Place individual magnetic letters to spell one word in each pocket. Have the student open the pocket and take the letters out. Tell the student the word to spell and have them put the letters in order. This can be done in pairs in the classroom with different level students. Set pockets up so that students take turns. Different level spelling words can be put in each pocket corresponding to each students needs.

Use the Pocket Book as a tool to practice math skills. Place two playing cards in each pocket. Have the students open each pocket and add, subtract, multiply, or divide the card numbers depending on the skill they are working on.

The Pocket Book can be used to house common classroom materials that students need on a daily basis such as glue sticks, scissors, pencils, etc... When students access the materials they get the added practice of opening/closing fasteners.

The Pocket Book can be used by all class members as a means of sharing a message with the class. For example, if there is an issue that a student wanted to discuss at morning meeting, he/she could jot down the issue and put it in the pocket for the teacher to share at the meeting.

## Modifications

Pages of the Pocket Book can be easily taken out or put in to gear practice to individual student needs.

## Care & Safety

The Pocketbook pages are made of nylon and pockets are made of cotton polyester. Pages can be hand washed with water and a mild detergent and laid flat to dry. Do not use bleach.

The Pocketbook is recommended for students ages 7 and up.

Check fasteners before each use to ensure that all pieces are firmly attached.

Remove pocket pages that are above a student's level to avoid frustration and or potential misuse.

Supervise students who are using the pocketbook.

## Recommended Products

If you enjoyed the Pocket Book, check out these other quality Abilitations products:

- Octavious Octopus: Item#1012590
- Button Tree: Item #1013106
- Do-A-Mat: Item #030679
- I-Can-Button: Item #1380000

Name \_\_\_\_\_

	Attempted	Successful	Mastered	Notes
LARGE BUTTON				
Small Buttons				
Secure Zipper				
Open Zipper				
Snap				
Denim Button				
Hook and Loop				
Buckle				
Tie				
Lacing				



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